



## CORE DEVELOPMENT INSTITUTE

Presents the Seminar

### “LIFE SPAN CREATIONS”™

HEALTH AND HEALING for MIND... BODY... SPIRIT...

**This is not just a seminar.**

**This is not just a weekend to sit and learn.**

**This is not the same old “stuff” with a different name.**

**This is:**

- A weekend of **interactive learning**.
- A weekend to tap into **deeper understandings** and **create change** which spans the rest of your life.
- A weekend to **heal emotional wounds**.
- A weekend to **clear old patterns** and **open pathways** for new beginnings.
- A weekend for **discovering** how you and others communicate at a deeper level.
- A weekend of **learning** to use Emotional Freedom Technique (EFT) to release “stuck” energy patterns.

**Presenters: Georgie Weese, BA, CMH and Bonnie Schizzano, RN, MS, CMH**

**You will Learn:**

- √ How to determine what is important to you.
- √ How to understand communication even when no one is talking.
- √ How to clear old emotions that are a hindrance to your growth.
- √ How to create a values centered life.
- √ How to tap out stuck emotional energy and revitalize your body, mind and spirit.
- √ How to overcome habits of destructive obsessions.
- √ How to clear negative emotions of fear, anxiety, anger.....

If you are a **person** that sits back and **wonders** about all the hard work you’ve been doing and it feels like you’re swimming upstream, then this seminar is for you.

If you realize you want change within yourself and just don’t know **where to** start, then this seminar is for you.

If there are elements in your life that you don’t like or want and aren’t sure how to **change** them, then this seminar is for you.

If you feel stuck in old **problems**, old habits, old ....and are ready for a new beginning then this seminar is for you.

That's right...basically this seminar is for someone who wants to make significant **change** in their **life**, wants to have tools to heal past hurts, fears, anger and move toward a joy filled, healthy life...yes... this seminar is definitely for you.

**What if:**

You could leave the seminar with the ability to create a joy filled, balanced life...would this be worth your investment in these three days?

You left this seminar with the tools to enhance healing your mind, body, spirit at the deepest level would this seminar be worth it?

You have the necessary tools to no longer play old tapes that keep you spinning in an old rut, would this seminar be worth it?

**Then...make this the seminar you don't miss.**

**Sign up on line at: <http://www.cdicoaching.com/contact.asp>**

**Or call Georgie Weese at 717-380-9407 to sign up or for more information.**

**Day 1 of the Seminar:**

Understand communication at a deeper level

Develop and harness the power of the mind

Create a future pathway and learn to tap into your intuitive nature

Learn to understand and clear negative beliefs hold you back

**Day 2 of the Seminar:**

Introduction to Thought Field Therapy (TFT) and Emotional Freedom Technique (EFT)

How tapping works and why it is so effective

Balance the Bodies Energy System using the tapping centers of EFT

**Day 3 of the Seminar:**

Enhanced skills in using EFT for yourself and others

Demonstration and releasing of negative, emotional scars

**Day 4 of the Seminar:**

This is a special day of concentrated, personal change in a small group setting. Focus is on forgiveness and spiritual growth.  
(Class size is limited to 16).

**Dates:** Friday, November 11 to Sunday, November 13, 2011  
Day 4 – Monday, November 14, 2011

**Cost:** \$295 Days 1-3 and \$125 Day 4  
**Early Rate \$265 for three days if paid by October 14, 2011 or \$395 all 4 days.**

**Location:** Doubletree at Willow Valley  
Route 222, 3 miles south of downtown Lancaster  
2416 Willow Street Pike  
Lancaster, PA 17602

**Time:** 9:00AM - 4:30PM

Core Development Institute is the trade name for GMW Enterprises, Inc.  
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See website for CDIs full training schedule

About the presenters:



Georgie Weese, BA, CMH  
Certified Master Trainer

Georgie Weese is a Life Coach and Trainer with thirteen plus years training and coaching experience. Georgie worked in a large, financial institution for 20 years so she understands the rigors of life in the business world. Other than training and coaching in the US, she has worked in the UK, the Netherlands and the British Virgin Islands and has coached people from Croatia, South Africa, Denmark, the Netherlands, Belgium and Sweden.



Bonnie Schizzano, RN, MS, CMH  
Certified Trainer

Bonnie Schizzano has a Master's Degree in Psychiatric Nursing. She currently works with Veterans with Post Traumatic Stress Disorder. As a Life Coach and Trainer, Bonnie has been helping clients with anxiety, depression, public speaking issues, and work related problems for twelve plus years.